EVENT RULES

All events are organized by the association (Law 1901) « Les Gendarmes et les Voleurs de Temps » and the Gendarmerie Nationale (La région de Gendarmerie du Limousin, co-organizer).
These are 100% nature sporting events in the country of the Monts du Limousin (Haute-Vienne) on the weekend of Pentecost on **30 and 31 May 2020**. Amongst the 8 events,

- **Le Trail Les Voleurs de Temps:**
  - 32km Label International FFA
  - Tour Trail National 2020.

GENERAL CONDITIONS

For the Canitrail 11km: ANNEXE to the regulation

**Article 1:** The organization of the events (reception, departures, arrivals, showers - see website -, changing rooms, podiums, partner village, entertainment, sanitary facilities, etc.) is located at the Domaine de Muret in Ambazac (87).

**Article 2:** Departure times

- **Saturday, May 30, 2020**
  - Canitrail 11km: Departure 9am (**limited to 250 people**)
  - Trail des Hureaux 20km: Departure 13h30 (**limited to 1000 people**)
  - Nordic Walk 20km: Departure 14h00 (**limited to 1000**)
  - Children's races: departure from 17h30
  - Poussins: 0.800km (**limited to 30 boys and 30 girls**)
  - Benjamins: 1,200km (**limited to 30 boys and 30 girls**)
  - Minimes: 2km (**limited to 30 boys and 30 girls**)

- **Sunday, May 31, 2020**
  - **Trail « Les Voleurs de Temps » 32km**, departure at 8.30am (**limited to 2500 registrations**)
  - "The Grand Trail of Limousin" 52km, departure at 8.30am (**limited to 800 registrations**)
  - 11km hike: departure at 9am (**limited to 800 registrations**)
  - Discovery Trail 10km, departure at 4.30pm (**limited to 1000 registrations**)

**Article 3:** Age limits on December 31st, 2020 (**age reached between January 1 and December 31, 2020**)

- **« Grand Trail du Limousin » 52 km:** born in 2000 or before
- **Trail « Les Voleurs de Temps » 32 km:** born in 2000 or before
- **Trail des Hureaux 20 km:** born in 2002 or before
- **Marche Nordique 20 km:** born in 2002 or before
- **Canitrail 11km:** born in 2002 or before
- **Trail Découverte 10 km:** born in 2004 or before
- **Childrens races** (Categories are from November 1st, 2019 to October 31, 2020)
  - Poussins: born in 2009 and 2010

Compulsory parental permission for minors (hiking,10km and children's races).
**Article 4: Acceptance of regulation and ethics**

Participation in the *Gendarmes et Voleurs de Temps* events implies the express acceptance by each competitor of the 2020 Regulations (and the ethics of the race published by the Organization) and the commitment to be in possession of the required safety equipment for the duration of the race.

All registrants undertake to take only the paths marked by the Organization, without short cutting. Short cutting a trail causes irreversible erosion of the site and degrades it permanently. Failure to comply will result in disqualification.

Litter bins are placed in large numbers on each refreshment area and must be used for selective sorting of waste. Any runner caught knowingly throwing his waste on the ground of the courses will be disqualified.

In accordance with the Natura 2000 Charter (respect for the environment), no more plastic cups will be proposed on the refreshment areas of all events of the 21st edition

*Let’s respect the environment*

**Article 5: Medical certificates and licenses**

In accordance with the “Réglementation des Manifestations Running 2020 » issued by the French Athletics Federation, participation in a competition is submitted to the mandatory presentation of the runner to the organizer:

Either :

License :

  - Athlé Competition license, Athlé Entreprise, Athlé Running issued by the FFA or a "J’aime courir” pass issued by the FFA and completed by the doctor, valid at the date of the event. (Attention: other licenses issued by FFA santé, Encadrement et Découverte are not accepted).

Or: a sports license, valid on the date of the event, on which must appear the mention that there is no contra-indication to the practice of “sport en compétition”, “athlétisme en compétition” or “course à pied en compétition”, and delivered by one of the following federations:

- Fédération des Clubs de la Défense (FCD)
- Fédération Française du Sport Adapté (FFSA)
- Fédération Française Handisport (FFH)
- Fédération Sportive de la Police Nationale (FSPN)
- Fédération Sportive des ASPTT
- Fédération Sportive et Culturelle de France (FSCF)
- Fédération Sportive et Gymnique du Travail (FSGT)
- Union Française des Œuvres Laïques d’Education Physique (UFOLEP)

Or a medical certificate (or it’s copy) confirming the absence of any contra-indication to the practice of sport in competition, athletics in competition or running in competition, the certificate must be dated less than 1 year at the date of the competition. No other document can be accepted to attest to the possession of the medical certificate.

**Special case of Nordic walking competition: Participants must produce:**

- Either an FFA license (Athletic Running, Athletics Competition, Athletic Enterprise), INWA, FFRAND or FNSMR, all valid for competitive practice.
- Or a medical certificate confirming the absence of any contra-indication to the practice of Nordic walking in competition or running in competition.

The organizer will keep, depending on the case, a record of the license presented (number and federation of issuance), the original or the copy of the certificate, and this for the duration of the statute of limitations (10 years).
Foreign participants are required to provide a medical certificate of non-contra-indication to the practice of competitive sport, competitive athletics or running, even if they hold a competition license issued by a federation affiliated with World Athletics. This certificate must be written in French, dated, signed and allow authentication of the doctor, whether or not the doctor is established on the national territory. If it is not written in French, a French translation must be provided.

Article 6: Cancellation Guarantee Registration
At the time of registration, any person may take out the cancellation guarantee with the payment of a premium per person to be added to the commitment rights on the same payment. (Please note that claims will be processed after the race and a 10% deduction will be applied by the insurance company on each refund).
We recommend that you read the full terms of the insurance by consulting the insurer's information available on our website http://gendarmes-et-voleurs.com/conditions-generales-monial-assistance-assurance-annulation/

Article 7: Commitment Rights 2020

<table>
<thead>
<tr>
<th>DISTANCES</th>
<th>INSCRIPTION PERIODES</th>
<th>PRICE TTC (VAT 20%)</th>
<th>Cancellation insurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Trail 32 km Les Voleurs de Temps</td>
<td>October 12 to December 31, 2019</td>
<td>35 €</td>
<td>6,90 €</td>
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<tr>
<td></td>
<td>January 1 to March 15, 2020</td>
<td>45 €</td>
<td>6,90 €</td>
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<td></td>
<td>March 16 to May 10, 2020</td>
<td>55 €</td>
<td>8,90 €</td>
</tr>
<tr>
<td>B Grand Trail du Limousin 52 km</td>
<td>October 12 to December 31, 2019</td>
<td>58 €</td>
<td>8,90 €</td>
</tr>
<tr>
<td></td>
<td>January 1 to March 15, 2020</td>
<td>65 €</td>
<td>8,90 €</td>
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<tr>
<td></td>
<td>March 16 to May 10, 2020</td>
<td>75 €</td>
<td>9,90 €</td>
</tr>
<tr>
<td>C Trail des Hureaux 20 km</td>
<td>October 12 to December 31, 2019</td>
<td>22 €</td>
<td>6,90 €</td>
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<tr>
<td></td>
<td>January 1 to March 15, 2020</td>
<td>27 €</td>
<td>6,90 €</td>
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<td>March 16 to May 10, 2020</td>
<td>34 €</td>
<td>6,90 €</td>
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<tr>
<td>D Trail Discovery 10 km</td>
<td>October 12 to December 31, 2019</td>
<td>17 €</td>
<td>6,90 €</td>
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<td>e Nordic walk 20km competition</td>
<td>October 12 to December 31, 2019</td>
<td>22 €</td>
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<td>January 1 to March 15, 2020</td>
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<td>March 16 to May 10, 2020</td>
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<td>F Canitrail 11 km</td>
<td>October 12 to December 31, 2019</td>
<td>15 €</td>
<td>6,90 €</td>
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<td>January 1 to March 15, 2020</td>
<td>18 €</td>
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<td>March 16 to May 10, 2020</td>
<td>22 €</td>
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<td>G Hiking 11 km</td>
<td>October 12, 2019 to May 10, 2020</td>
<td>7 €</td>
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<td>H Children's Races</td>
<td>October 12, 2019 to May 10, 2020</td>
<td>free</td>
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</tbody>
</table>
Article 8: Registration terms


*Payment by secure credit card, at no extra cost*

**Deadline: May 10, 2020**

Specific requests (registration changes)– should be addressed:

Either to

CHRONO COURSE
Parc tertiaire de Laroiseau - Ella Maillart Street - 56000 VANNES
* gendarmes-et-voleurs@sportinnovation.fr
* 02-97-40-43-51

Or to the Organization

LES GENDARMES ET LES VOLEURS DE TEMPS
142 Avenue Emile Labussière - 87100 LIMOGES
* inscription@gendarmes-et-voleurs.com

Each commitment is firm and definitive. It cannot be reimbursed for any reason, except for runners who have taken out “cancellation” insurance.

Any commitment is personal. No transfer of registration is allowed for any reason. Anyone who reassigns their bib to a third party will be found liable in the event of an accident that occurred or that was caused by the third person during the event. Anyone with an acquired bib in violation of this regulation will be disqualified. The bib should be fully readable during the race. The organization does not accept responsibility for this type of accident.

Medical Certificate Presentation: All medical certificates and licenses must be given to the Organization by May 10, 2020, the closing date of registration. No presentation of certificates or licenses will be accepted on the race site.

Article 9: Wearing the bib - Withdrawal of bibs

Participation in the events requires the wearing of the bib attached to the chest by 4 pins. It should not be made smaller, cut or folded or the wearer will be disqualified.

The bib is mandatory. Any participant running without a bib will be excluded from the race.

The bibs must be collected at the Domaine de Muret in Ambazac (87):

- For the Canitrail 11km (parking R):
  - Friday, May 29 from 4 p.m. to 7 p.m.
  - Saturday, May 30 from 6:30 a.m. (see site map)

- For the other events (in the dedicated area for bib pick up):
  - Saturday, May 30, 10 a.m. to 7 p.m.
  - Sunday, May 31 from 6:30 a.m. to 4 p.m.

on presentation of an ID

The original version of the ID is mandatory. No dematerialized version will be accepted.

Reminder: the medical certificate or license will have been submitted before May 10, 2020 so as to allow time to validate the registration.

Any withdrawal is individual. No withdrawal may be made by a person on behalf of a group or a third party.
Article 10: Registration modifications
- A race to a lower mileage race or a hike: no refund.
- From a hike/race to a race with higher mileage: payment of the difference according to the current rate.
- No reattribution of bibs between runners - non-transferable bib
- Registration changes will be possible until May 10, 2020

Article 11: Cancellation of an entry
In the event of a request to cancel registration:
Declare your insurance claim within 5 business days by logging on to the Mondial Assistance website at https://indemnisation.mondial-assistance.fr/oss/ and follow the procedure. Indicate the contract number to which your adhesion is attached: 303966.
You can contact Mondial Assistance on 00 33 (0)1 42 99 03 95 (9am-6pm, Monday to Friday).
Please note: your file will not be processed until after the race and a deduction of 10% of the bib amount will be applied.

Article 12: Ranking and Diploma
For all competitors in the 32km, 52km, 20km, 10km, Nordic Walk 20km and Canitrail 11km; ranking and diploma available and downloadable on the internet.

Article 13: Publication of results
The results will be posted on the Ambazac website, then published on the website of the race www.gendarmes-et-voleurs.com and on that of the French Athletics Federation.

Article 14: Reward and Podiums
A Tee-Shirt is available to the participants (except children's races and hiking).

Only competitors present at the awards ceremony will be eligible for the awards:

- **Trail « Les Voleurs de Temps » 32km**: Awards podium: Trophies in the scratch classification for the first 10 men and the first 10 women. The first “Espoir” man and the first «Espoir» woman. Categories Master: The first men and women in each category will receive a trophy off the podium.
- "**The Grand Trail of Limousin** 52km**: Trophies in the scratch classification for the first 3 men and the first 3 women. The first «Espoir» Man and the first «Espoir» Woman. Categories Master: The first men and women in each category will receive a trophy off the podium.
- **Trail des Hureaux 20km**: Trophies in the scratch classification for the first 3 men and the first 3 women. The 1st Male «Espoir» and the 1st Female «Espoir». The 1st Junior Man and the 1st Junior Woman. Categories Master: The first men and women in each category will receive a trophy off the podium.
- **Discovery Trail 10km**: Trophies for the first 3 men and the first 3 women of the scratch and the first “Espoir” Man and the first “Espoir” Woman and the first Junior Men and the first Junior women.
- **Nordic walk competition 20km**: Trophies in the scratch classification for the first 3 men and the first 3 women and the first “Espoir” Man and the first “Espoir” Woman and the first Junior man and the first Junior woman.
- **Canitrail 11km**: The first 3 duo man/dog and the first 3 duo women/dog.

No accumulation: A competitor who could accumulate 2 podiums (example for 32km scratch classification and first Master 4) will be awarded only one reward for the most prestigious title (in our example: the scratch).

Trophies: "rankings by team" (FFA clubs) - Teams of 5 - Classification on the first 4 Men or Women Senior or Master (32km - 52km - 20km)
**TEGO Uniform Challenge** (Members of the National Police, Customs, civilians of Defense, members of the National Gendarmerie, the Air Force, the Army, the Navy and the Firefighters).

Teams of 4 Senior or Master with at least 1 woman - Ranking of the 4 arrivals
1 forfeit = elimination of the team
- 1 on the 32km
- 1 on the 52km
- 1 on the 20km
- 1 on the 10km

**Challenge students (on the 10km)**
Teams of 5 with at least 1 woman – ranking is based on the accumulation of the first 4 arrivals.

**Article 15: Podium Schedules**

**Saturday**
- Canitrail: at 11:00
- Children's Races: at the end of the events.
- Hureaux Trail 20km and Nordic Walk 20km: at 19h00

**Sunday**
- Trail « Les Voleurs de Temps » 32km: at 14h30 for all categories.
- The "Grand Trail du Limousin" 52km: at 18h00 for all categories.
- Discovery Trail 10km: at 18h00 for the first 3 men and women of the scratch.

**Article 16: Modifications of the course or time barriers - Cancellation of races**

In the event of cancellation of all or part of the event, or modification of a course or times, independent of the will of the Organization (weather conditions, decision of the administrative authorities, etc.), no compensation can be paid.

**Article 17: Recognition of Randonnée courses - Nordic Walk 20 km - 10 km - Canitrail 11km - 20km 32 km - 52 km**

*No reconnaissance of the courses before the day will be possible*, each of these courses crossing private plots. Nevertheless, it is always possible for the runner to give himself an overview of our courses by using only the paths marked by the communes. *(See elevations on the site [www.gendarmes-et-voleurs.com](http://www.gendarmes-et-voleurs.com))*

**Article 18: Kinesitherapists and Pedologists**

Physiotherapists and pediatrists will be on site to help runners after their arrival. Opening of the medical post: access to medical care and its nature is left to the discretion of health care workers, especially in case of busy moments.

**Article 19: Abandon and Repatriation**

Unless injury, a runner must not give up anywhere other than a refreshment zone. He must then notify the area manager, who will collect the bib and chip.

Shuttles will be made available to repatriate runners who have dropped out.

Runners who drop out at another rescue station but whose health does not require evacuating must return to the nearest repatriation point as soon as possible. In case of unfavorable weather conditions justifying the partial or total stoppage of the race, the Organization ensures the repatriation as soon as possible of the stopped runners.

The role of the race intendants is to inform the runners that they have run out of time and that they will be stopped at the next time barrier. At the time barriers, area managers or their representative stop runners who have run out of time. Area managers or their representative notify the PC Course of abandon by indicating the bib number.
The runners will be repatriated by bus to the Muret site. In the event that a runner does not want to comply with the rules, he will have to sign the "Race Abandon" discharge in order to absolve the Organization of any responsibility.

**Article 20: Insurance**

- Civil responsibility: in accordance with the legislation in force, the organizers have taken out insurance covering the consequences of their civil liability, that of their attendants and all the participants in the races of the *Gendarmes et Voleurs de Temps*
- Licensees benefit from the guarantees granted by insurance related to their license. It falls upon the other participants to personally insure themselves.
- Property damage: the organizer declines any responsibility in case of damage (theft, breakage, loss, etc ...) suffered to the personal property of the participants, **even if he has custody**. Participants will therefore not work against the organizer for any damage to their equipment. The subscription of an insurance guaranteeing these risks is the responsibility of each person.

**Article 21: Chips, Timing and Live Tracking**

The timing is carried out under the control of the representatives of the FFA and Club KM42

The timing chip will be integrated into each runner's bib.

The bib should be placed as stipulated in the technical instructions. The runner will not be able to be timed in the following cases:

- Absence and / or loss of the bib
- Degradation of the bib
- Wearing the non-compliant bib.

Participants can be followed live on a mobile app downloadable from a smartphone or computer.

**Article 22: Safety and Medical Assistance**

The security of the races is ensured by the Gendarmerie (Road Police and signalers of the circuits)

Medical assistance is provided by the Departmental Civil Protection (doctors, emergency doctors and rescue workers), a gendarmerie helicopter and, on request, the helicopter of the SAMU and that of the SDIS.

A rescue station is set up at each refreshment zone. These posts are in telephone connection with the race PC. A medical regulatory team is present throughout the race.

The medical stations are intended to assist with the means specific to the organization or by contracted services, anyone that they may esteem in danger. Official doctors are entitled to take out of the course (by invalidating the bib) any competitor who is unable to continue the race. Rescuers are empowered to evacuate any runners that they may deem to be in danger by any means at their convenience.

If necessary, for reasons always in the best interests of the rescued person, the fire brigade will be called in, then the operations directorate will implement all appropriate means. The costs resulting from the use of these exceptional means will be borne by the rescued person who will also have to ensure his return from the point where he has been evacuated. He will then be able to submit a file to his individual personal accident insurance.

Any runner who calls on a doctor or a first aid worker submits in fact to his authority and commits to accept his decisions.

**No person bicyclist is allowed on the courses except the bicyclists of the Organization.**
Article 23: Official Jury
It is composed with an FFA umpire, whose decision-making power is without appeal. He is assisted by judges and race commissioners also appointed by the FFA.

Article 24: Accompanists
No attendants or unaccredited vehicles (including bicycles) will be allowed on the courses.

Article 25: Anti-doping control
Any competitor may be subject to an anti-doping test during or at the finish of the races. Refusal to comply results in immediate disqualification. Any positive test will result in the lifetime exclusion of the events organized by the association « Les Gendarmes et les Voleurs de Temps ».

Article 26: Disqualification
Controllers on the course can check compliance with the rules (identity of runners, respect of sites, ethics, illegal assistance or accompaniment, bib not visible on the front at all times...).
The controller notifies his postmaster and/or the race PC and may request, depending on the seriousness of the act and the behavior of the runner, his disqualification. The test panel may disqualify a competitor for any serious breach of the rules, particularly in the event of:

- Wearing a non-compliant bib: the bib must be fixed on the chest and must be fully legible during the race.
- The non-presentation of an identity document or presentation of an identity document that does not correspond to that of the bib
- Non-compliance with the Highway Code on parts of the circuit using the public road
- Failure to comply with the safety instructions given by the checkpoint.
- Use of a means of transport
- Departure from a refreshment zone after the deadline
- Non-assistance to a runner in difficulty
- Personal assistance outside the official refreshment zones
- Failure to comply with the ban concerning being accompanied on the course
- Pollution or degradation of the sites by the competitor or a member of his entourage
- Insults, rudeness or threats against any member of the organization or any volunteer
- Refusal to be examined by a doctor of the organization at any time of the event
- Doping or refusal to submit to anti-doping control.

Article 27: Access to the site and security
The introduction on the event site of any objects that may be dangerous or illegal, including drugs, firearms, blunt objects and explosive materials, is strictly prohibited.

In order to access the site and be able to participate in the event, the participant expressly acknowledges and accepts that the Organizer may call on security personnel who will be able to control both the people and their personal effects. Anyone wishing to access the site agrees to submit to this check. If refused, the person will not be allowed to access the site.

The organizer and security personnel are entitled to deny access to the Event or the continuation of the race to participants whose behavior is likely to disrupt the smooth running of the event, in particular and without the following being limitative: the introduction of any object that could potentially interfere in any way with the course, the movement and/or safety of other participants; introduction of any distinctive sign promoting, in any form, an opinion [political, philosophical or religious] that could damage the image of the Event.
Article 28: Image use
"I expressly authorize the organizers of «Les Gendarmes et les Voleurs de Temps» as well as their rights holders such as partners and media, to use the still or audiovisual images on which I might appear, taken on the occasion of my participation in «Les Gendarmes et les Voleurs de Temps», on all media including promotional and/or advertising materials, worldwide and for the longest statutory duration, regulations, treaties in force, including extensions that could be made to this period."

Article 29: CNIL
In accordance with the «Informatique et Liberté» law of January 6, 1978, you have the right to access and correct your personal data. By our intermediary, you may receive proposals from other companies or associations. You have the right to object by sending us a request at the dedicated address vieprivee@gendarmes-et-voleurs.com

Article 30: Use of drones
The participants are informed that:
On the weekend of the event (30 and 31 May 2020), only unmanned aircraft (drones) accredited by the Organization and the Prefecture will be able to fly over the Domaine de Muret as well as the various other courses.

Article 31: Club support technique
«Les Gendarmes et les Voleurs de Temps», have as their technical support club the club KM42 sis 16 Route du Colombier 87590 St-Just-Le-Martel, affiliated with the French Athletics Federation.
SPECIAL CONDITIONS

➢ RACE Trail « LES VOLEURS DE TEMPS » 32km (Label International) LEVEL 1050 m

Article 1: Signaling
The mainly vertical arrowing will be complemented by a few markings on the ground and by ribbons. The dominant color is RED. The mileage is indicated every km up to 5km, then every 10km and finally, at the last km.

Article 2: Time control mat
Three control mats:
✓ au km 06,30 : LE JEUNE HUREAU
✓ au km 16,5 : LE MARZET
✓ au km 20,5 : VIEUX

Article 3: Reasons for exclusion (out of race)
- Non-respect of the course
- Leaving rubbish outside the refreshment areas
- Use of sticks/canes prohibited
- Running at a speed less than 6km / hour (10min per km). A runner from the Organization will participate in the event at 6km / hour. All runners that he passes will have to stop at the next checkpoint. They will be declared out of race and the BIB WILL BE WITHDRAWN. A vehicle will bring them back to the Muret site. In case of refusal from them and after informing the command post, they will be put out of the race and will no longer be under the responsibility of the Organization. In case of an accident that may occur after this refusal, the responsibility of the association cannot be engaged in any case.

<table>
<thead>
<tr>
<th>Out-of-race posts</th>
<th>time limits</th>
<th>Mileage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1°) St-Sylvestre</td>
<td>10h06</td>
<td>9,36</td>
</tr>
<tr>
<td>2°) Vieux</td>
<td>12h00</td>
<td>20,85</td>
</tr>
<tr>
<td>3°) La Chaise</td>
<td>13h00</td>
<td>26,85</td>
</tr>
</tbody>
</table>

Article 4: Refreshments
Presence of 3 "food" refreshment stations alternated with 3 water supply stations every 5 kilometers, as well as 2 water points spread over the course.

Article 5: Mandatory equipment
- A retractable cup, a flask, re-usable cup or other.

Article 6: Recommended equipment
- A water reserve
- A food reserve
- A survival blanket
- A mobile phone (install in its directory the security number of the organization and make sure not to hide your personal number and do not forget to leave with fully charged battery
- A cap
- An impervious windbreaker.
TEST TRAIL DES HUREAUX 20km LEVEL 432 m

Article 1: Signaling
The mainly vertical arrowing will be complemented by a few markings on the ground and ribbon. The dominant color is YELLOW.

Article 2: Reasons for exclusion (out of race)
- Non-respect of the course
- Leaving rubbish outside the refreshment areas
- Use of walking sticks/canes prohibited
- Running at a speed less than 6km / hour (10min per km). A runner from the Organization will participate in the event at 7,5km / hour. All runners that he passes will have to stop at the next checkpoint. They will be declared out of race and the BIB WILL BE WITHDRAWN. A vehicle will bring them back to the Muret site. In case of refusal from them and after informing the command post, they will be put out of the race and will no longer be under the responsibility of the Organization. In case of an accident that may occur after this refusal, the responsibility of the association cannot be engaged in any case.

<table>
<thead>
<tr>
<th>Out-of-race posts</th>
<th>time limits</th>
<th>Mileage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jeune Hureau</td>
<td>15h45</td>
<td>13,47</td>
</tr>
</tbody>
</table>

Article 3: Refreshment
2 liquid refreshments: Les Courrières and Chedeville
1 food refreshment: Combes-Jonc

Article 4: Mandatory equipment
- A retractable cup, a flask, re-usable cup or other.

Article 5: Recommended equipment
- A water reserve
- A food reserve
- A survival blanket
- A mobile phone (install in its directory the security number of the organization and make sure not to hide your personal number and do not forget to leave with fully charged battery)
- A cap
- An impervious windbreaker.
COURSE « LE GRAND TRAIL DU LIMOUSIN » 52km  LEVEL 1482 m

Article 1: Signaling
The mainly vertical arrowing will be complemented by a few markings on the ground and ribbon. The dominant color is BLUE. The mileage is indicated every km up to 5km, then every 10km and finally, at the last km.

Article 2: Mandatory extra bib
The runner will be equipped with an additional neutral bib to wear on the back.

Article 3: Time control mat
Five control mats:
- Au km 06,30 : JEUNE HUREAU
- Au km 16,50 : LE MARZET
- Au km 20,85 : VIEUX
- Au km 32 : MURET
- Au km 45,50: JEUNE HUREAU

Article 4: Use of walking sticks
The use of the sticks is allowed from Km 3.2 and will be marked by display.

Article 5: Reasons for exclusion (out of race)
- Non-respect of the course
- Leaving rubbish outside the refreshment areas
- Use of walking sticks in the prohibited areas
- Running at a speed less than 6km / hour (10min per km). A runner from the Organization will participate in the event at 6km / hour. All runners that he passes will have to stop at the next checkpoint. They will be declared out of race and the BIB WILL BE WITHDRAWN. A vehicle will bring them back to the Muret site. In case of refusal from them and after informing the command post, they will be put out of the race and will no longer be under the responsibility of the Organization. In case of an accident that may occur after this refusal, the responsibility of the association cannot be engaged in any case.

<table>
<thead>
<tr>
<th>Out-of-race posts</th>
<th>time limits</th>
<th>Mileage</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAINT-SYLVESTRE</td>
<td>10h06</td>
<td>09,36</td>
</tr>
<tr>
<td>VIEUX</td>
<td>12h00</td>
<td>20,50</td>
</tr>
<tr>
<td>LA CHAISE</td>
<td>13h00</td>
<td>26,85</td>
</tr>
<tr>
<td>MURET</td>
<td>14h00</td>
<td>32</td>
</tr>
<tr>
<td>LE JEUNE HUREAU</td>
<td>16h00</td>
<td>45,37</td>
</tr>
</tbody>
</table>

Article 6: Refreshment
Presence of 3 «food» Refreshment stations as well as 5 water points spread over the course.

Article 7: Mandatory equipment
- A water reserve of at least 1.2 liters
- A whistle
- A survival blanket
- A waterproof windbreaker
- Complete and legible information will be written on the back of the bib
Article 8: Recommended equipment
- A food reserve
- A mobile phone (install in its directory the security number of the organization and make sure not to hide your personal number and do not forget to leave with fully charged battery)
- A cap
- Proof of identity.
- The Individual Road Book supplied by the Organisation
- A retractable cup, a flask, re-usable cup or other.

A check will be carried out at the start on randomly selected competitors. It can also be carried out at any point in the course by accredited members of the organization. Any refusal to comply will result in an immediate disqualification.

➢ COURSE: TRAIL DECOUVERTE 10km
LEVEL 213 m

Article 1: Signaling
The mainly vertical arrowing will be complemented by a few markings on the ground and ribbon.
The dominant color is DARK BLUE.

Article 2: Use of walking sticks
The use of walking sticks is prohibited.

Article 3: Reasons for exclusion (out of race)
- Non-respect of the course
- Leaving rubbish outside the refreshment areas
- Use of walking sticks in the prohibited areas
- Running at a speed less than 6km / hour (10min per km). A runner from the Organization will participate in the event at 6km / hour. All runners that he passes will have to stop at the next checkpoint. They will be declared out of race and the BIB WILL BE WITHDRAWN. A vehicle will bring them back to the Muret site. In case of refusal from them and after informing the command post, they will be put out of the race and will no longer be under the responsibility of the Organization. In case of an accident that may occur after this refusal, the responsibility of the association cannot be engaged in any case.

Article 4: Refreshment
1 liquid supply: water and glucose
1 Refreshment will be provided in case of a heatwave

Article 5: Mandatory equipment
- A retractable cup, a flask, re-usable cup or other.

➢ COURSE: CANITRAIL 11KM (+ specific regulation in annex)
LEVEL 221 m

Article 1: Signaling
The mainly vertical arrowing will be complemented by a few markings on the ground and ribbon.
The dominant color is WHITE.

Article 2: Reasons for exclusion (out of race)
- Non-respect of the course
- Leaving rubbish outside the refreshment areas
- Use of walking sticks in the prohibited areas
- Running at a speed less than 6km / hour for a distance of 12km – time limit 2 hours. A runner from the Organization will participate in the event at 6km / hour. All runners that he passes will have to stop at the next checkpoint. They will be declared out of race and the BIB WILL BE WITHDRAWN. A vehicle will bring them back to the Muret site. In case of refusal from them and after informing the command post, they will be put out of the race and will no longer be under the responsibility of the Organization. In case of an accident that may occur after this refusal, the responsibility of the association cannot be engaged in any case.

Article 3: Refreshment
Liquid Refreshment: water points for dogs every 2km
For runners: food - liquid at km 6

Article 4: Mandatory equipment
- A retractable cup, a flask or re-usable cup or other
- For dogs: see specific regulations below.

Article 5 - Recommended Equipment
- Water reserve for the runner

COURSE MARCHE NORDIQUE OF HUREAUX 20KM IN COMPETITION  LEVEL 432 m

- Course consisting of 100% paths and trails
- Walkers must respect the signs and markings
- Accompanying walkers (excluding affected persons) on a mountain bike is not allowed
- Same start and same circuit as the 20km

Article 1: Signaling
The mainly vertical arrowing will be complemented by a few markings on the ground and ribbon. The dominant color is the PALE GREEN

Article 2: Reasons for exclusion (out of race)
- Non-respect of the course
- Leaving rubbish outside the refreshment areas
- The minimum speed is 5km / hour (12min per km). A runner from the Organization will participate in the event at 5km / hour. All participants that he passes will have to stop at the next checkpoint. They will be declared out of race and the BIB WILL BE WITHDRAWN. A vehicle will bring them back to the Muret site. In case of refusal from them and after informing the command post, they will be put out of the race and will no longer be under the responsibility of the Organization. In case of an accident that may occur after this refusal, the responsibility of the association cannot be engaged in any case.

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<tr>
<td>LE JEUNE HUREAU</td>
<td>16h45</td>
<td>13.47</td>
</tr>
</tbody>
</table>

Article 3: Refreshment
Refreshments on the 5th, 10th and 16th kms
**Article 4: Proceedings**

A race intendant will be present at the back of the race to close the walk. Mountain bikers will be present as judges to ensure compliance with regulations. A 10-minute time penalty will be awarded in case of blatant cheating (walker who runs for a few meters). As this event is not supervised by any FFA judges, the organizer of the competition reserves the right to downgrade or exclude a walker who has deliberately cheated repeatedly. Compliance with the rules of walkers will also be subject to their ethics and respect for others.

- The Nordic Walk involves propelling the body with the help of the 4 members
- The use of 2 specific "Nordic walking" sticks is mandatory
- At all times, the walker must have one foot and a stick in contact with the ground
Annex

CANITRAIL regulations (see general rules for race and withdrawal schedules)

1. THE PREAMBLE
The Gendarmes et Voleurs de Temps canitrail event is organized in partnership with the canIPAT’87 association and the Federation of Canine Sports and Recreation (FSLC).
This regulation is an adaptation of the Regulations of the FSLC, in accordance with the Latter.
It complements the race rules of the other events of the Gendarmes et Voleurs de Temps.

2. RACE JUDGE STATUS
Since the Gendarmes et Voleurs de Temps canitrail is organized in partnership with the association CANIPAT’87 and the Federation of Sports and Leisure Canines (FSLC), the race will be refereed by Referee Judges of the FSLC.
The senior judge will apply the sanctions in vigor.

The rights of the race judge:
Participants must respect the decisions of the judge who has a delicate role.
Any insult to him cannot be tolerated and will be punished.
The judge may impose certain safety constraints or the refusal to allow any competitor that has been sanctioned or that has a bad ethic start the race.
He can use all technical means to control the race (e.g. camera, photo ...).

The decisions of the race judge are sovereign and cannot be contested.

3. DOGS
3.1. Minimum age:
All dogs regardless of breed and pedigree are allowed to participate, they must be aged at least 24 months of age on the day of the event.

Dog breeds included in the “1st category » are not allowed to compete (compliance with applicable laws).

3.2. Mandatory vaccinations:
All dogs participating in the race must be vaccinated against rabies, parvovirus, Distemper, Rubarth hepatitis, leptospirosis and cough kennel (virus bordetella para-influenza, canine adenovirus2).
All dogs must be vaccinated within the last 12 months preceding the race, except for rabies, which, depending on the vaccine, is valid for 1 or 3 years, and in all cases, at least 21 days before the race in the case of primary vaccination.

If the race veterinarian strongly suspects a contagious disease on a dog present at the race site, that dog will have to leave the premises immediately.

3.3. Identification:
All dogs must be identified (chip, tattoo).

3.4. Veterinary Health Control:
A physical examination of the dogs may be done by the race veterinarian before the start of the race, in order to authorize them to run.
3.5. Dogs of 2nd category:
- Competitors competing in events with dog breeds included in the “2nd category” will at the same time submit their muzzle to the opinion of the veterinarian and the race judge who will validate his compliance with its use during the race.

- Any “2nd category” dog must follow the legislation, namely that its owner, when registering, must present:
  - A copy of the Civil Liability Insurance Certificate
  - The detention permit
  - The up-to-date European rabies certificate and vaccination book
  - The muzzle as described in Appendix 1

- The Referee Judges of the Federation of Canine Sports and Leisure have the right to prohibit the registration of the dog for good reason. The competitor concerned will be notified of the reasons for the ban.

3.6. Will not be allowed to participate on the day of the test, under veterinary supervision:
- Dogs that are sick, weakened or have a physical condition incompatible with this discipline.
- Dogs that are pregnant or lactating.
- Dogs with disabilities unless authorized by the veterinarian, depending on the disability.

3.7. Dog Replacement: In the event of an accident or incident that occurs before a dog has officially started the race in which it is registered, it may be replaced by another dog provided that the substitute corresponds to the rules set out in the paragraphs above (veterinary control and age of the animal).

3.8. Dogs in heat will be able to participate in the event provided that they depart after the others for online departures (behind the peloton), and that the owners use a product to mask the odors (to be signaled to the Director of race).

3.9. Canine dejection
The runner must pick up his dog's droppings.

4. COMPETITORS

4.1. Minimum age required: is 18 years in the calendar year for CANITRAIL

4.2. Dog owners:
- Is considered to be the rightful owner of a dog, the one whose name appears as such on the identification card (ref. CERFA no. 50-4447 from the Ministry of Agriculture and according to the guidelines of Decree 91-823 of 28/08/91 controlled and managed by the Canine Central Society).
- The owner is required to ensure that his dog is in accordance with the legislation in force according to its category and must be able to justify it.
- The competitor is criminally responsible for any damage caused by the animal, even if it does not belong to him (Article 1385 of the Civil Code).
- Owners are advised to ensure that they are covered by liability insurance for damages that their dog may commit.

4.3. Licences:
Federation licenses: FSLC - FFST - CNEAC with canicross option - FFPTC

5. DEPARTURE

The start will be grouped but depending on the number of competitors several waves can be put in place, following the decision of the race umpire and the organizer. The waves will be based on the bib numbers.

Group or wave start: all competitors will wait on the start line by holding their dog by the collar or harness. Participants will present themselves on the starting line only by order of the judge or starter.

6. CANITRAIL EQUIPMENT

6.1. Bungee Running Long line, harness, belt:

6.1.1. ARE FORBIDDEN: the strangler collar, the electric training collar and the point collar.

6.1.2. The use of cross-country shoes (with metal spikes) is STRICTLY FORBIDDEN in all circumstances.

6.1.3. A leash or Bungee running line of up to 2 meters in extension is mandatory. The measurement is made from the runner's waist to the base of the dog's tail.

6.1.4. The dog harness: It is mandatory - See Appendix 2
This traction harness should be comfortable so as not to injure the animal. It shall be adapted to its morphology, namely:
- Does not compress the rib cage or trachea
- Do not interfere with the movement of the shoulders
- All work-type harnesses and Norwegian-type harnesses are prohibited.
- The judge may refuse an otherwise compliant harness if he feels that it is not suitable for the dog (too small, damaged...)

6.1.5. The runner will also have to wear either:
A waist belt with a minimum width of 7 cm or a subcutal belt (shoulder harness type) or a thigh harness with a built-in belt.

6.1.6. All competitors must ensure that their equipment is in compliance with the previous paragraphs in order to run.

6.1.7. All Category 2 dogs will be able to participate in the various events, provided they are muzzled. It should be a suitable muzzle, allowing the dog to open his mouth, put out his tongue, to pant, to drink, and of course keep its safety role (see Appendix 1).
6.1.8. All dogs requiring a muzzle (obligation for Category 2 dogs (see 6.1.7) will be able to start with a suitable muzzle that allows the dog to open its mouth and drink and whose type is similar to validated models By the FSLC (see photos on Appendix 1).

6.2. Portable Refreshment:
Wearing a hydration system, such as a water pocket or can, is mandatory. Its storage must be at least 0.6 liters. It is advisable to bring a soft bowl or other for the hydration of the dog.

7. DISTANCE CANITRAIL / TEMPERATURE / REFRESHMENT
The canitrail test of the Gendarmes et Voleurs du temps is of the "short canitrail" type, its distance is between 11 and 13 km

7.1. Temperatures:
- In the event that the starting temperature was above 20°C, the race judge and the organizer may decide to reduce the distance. This reduction does not cancel the race and registration costs would not be reimbursed. Above 25°C, dog racing is prohibited.

- Whatever the race conditions, temperature and humidity, a registered competitor has the possibility of not running if he feels that his dog will not tolerate the heat. If the race is not officially cancelled, registration costs are not refunded.

The runners should behave with the utmost vigilance regarding temperature variations and should not hesitate to walk if necessary, this will not be penalized. The risk of heat stroke exists as soon as the temperature exceeds 15°C.

7.2. Dog Water Points - Refreshment
A water point to water the dogs will be arranged every 2 km or so. The water point can be with bowls or a natural water point on the course which is easily accessible.

For runners, a Refreshment will be put in place about halfway through.

8. THE RESPECT OF ANIMAL

8.1. Responsibility: All runners are responsible for the welfare of their dogs.

8.2. Mistreatment of dogs with or without an instrument is prohibited. If a competitor mistreats a dog, he or she will be disqualified. Failure to comply with these provisions may be sanctioned by the race judge, either on his own initiative or at the request of the organizer.

8.3. Dog transport: The provisions of the rural code relating to the transport of domestic carnivores are applicable by full rights. Failure to comply with these provisions may be sanctioned by the race judge, either on his own initiative or at the request of the organizer.
8.4. As far as possible, the name of the dog will always be associated with that of the owner. At the awards ceremony, it is desirable for the dog to be present.

9. ANTI DOPAGE - MEDICAL TREATMENTS OF CHIENS AND HUMAINS

Participants in the event, whether licensed or not, must strictly comply with the FSLC's anti-doping and animal doping regulations. These two regulations that apply the existing anti-doping provisions are available on the FSLC website: http://www.fslc-canicross.net/

10. SANCTIONS

DURING THE RACE

10.1. The dog will be permanently attached to the runner by a bungee running line unless, for safety reasons, the organizer materializes a "FREEDOG" zone.

10.2. The dog must be in front at all times. The maximum limit allowed for the runner is the height of the animal's shoulders, except in the case of a difficult descent. It is strictly forbidden to pull the dog, except to put it back in the direction of the race (change of direction, evasion, inattention due to the immediate environment such as spectator dog, or other distractions ...).

10.3. If a dog is no longer fit to run or refuses to move forward for any reason, the runner is not allowed to finish the race.

10.4. Overtaking: Any runner who wishes to overtake can ask the competitor in front of him to let him pass by calling in a loud and intelligible voice the words "RIGHT WAY" or "LEFT WAY". At the order "WAY", the competitor in front and his dog must remain on the same side of the track. "RIGHT" – means I'm overtaking on the right. The overtaken competitor cannot object and must facilitate this action and, if necessary, will prevent his dog from bothering the oncoming dog by holding him by the collar or harness and shortening the long line. Failure to apply this directive will result in penalties as stipulated in paragraph 11.

This rule does not apply to the last 300 meters of racing.

10.5. Accompanying: A third person is prohibited from running next to, behind or in front of the "duo" to motivate the animal. Same ban with a cycle, a dog or a motorized device.

10.6. With the exception of persons designated as official on the event, persons travelling around the course must stay motionless when the competitors pass.

A competitor who does not comply with these obligations or disrupts the passage of competitors will be penalized by one minute.
10.7. Reconnaissance of the circuit - Recognition: For safety reasons, all competitors must have left the course at least one hour before the start of the race. The timetables for exploring the circuit, with or without dogs, are at the discretion of the organizer. Failure to comply with the guidelines results in a penalty as in paragraph 11.

11. PENALTYS

11.1. Prohibition of pulling the dog: One minute at the first offence. Exclusion at the second offence.

11.2. Prohibition of running in front of the dog: 
(Does not apply in the case of a difficult descent during which the animal may not be in front of his runner and provided the long line is never taut).
A warning at the first observation. One minute per additional observation from the second.

11.3. Preventing the dog from drinking: One minute at first sighting. Disqualification on the second offence

11.4. Non-compliance with the course: Disqualification when the non-compliance with the course is voluntary, or if an error due to negligence or inattention, brings a definite advantage over other competitors.

11.5. Releasing your dog (apart from difficult passages where it is officially permitted to release the dog) One-minute penalty.

11.6. Refusal to be overtaken: One minute on the first offence. Disqualification on the second offence.

11.7. Physical violence against the dog or a competitor: Disqualification.

11.8. Verbal or physical violence against the racing umpire or a competitor: penalty or, depending on the seriousness of the facts, disqualification.

11.9. Failure to comply with the organizer’s instructions for course exploration: 1-minute penalty.

11.10. Unmuzzled Category 2 dog (compliant muzzle): no departure. Dog that arrives and/or is seen on the course without muzzle: disqualification.

11.11. Uncategorized dog muzzled with classic material (nylon, leather, etc...) beyond 400 meters after departure: Disqualification.


11.13. Port of earpieces: One-minute penalty.

11.14. Penalties are cumulative

APPENDIX 1

MUSELIERES type de modèles préconisés

AUTORISEES EN COURSE
STRICTEMENT INTERDIT EN COURSE